



# ENGINEER'S PULSE

November 2024 Edition

**ENGSOC**  
ONTARIO TECH ENGINEERING STUDENTS' SOCIETY

Event Recap:

# Dean's Night

Dean's Night offered students a unique opportunity to engage with Dr. Hossam Kishawy, Dean of the Faculty of Engineering and Applied Science, in an open and welcoming environment. Attendees were able to present their questions, share concerns, and seek clarification on key topics affecting their academic experience.

We extend our heartfelt thanks to Dr. Kishawy for dedicating his time to connect with students and provide valuable insights. A big thank-you also goes to the students who participated and made the event meaningful with their thoughtful questions and contributions. Events like this highlight the importance of open dialogue in strengthening our engineering community.

Mental Health Events:

## Wellness Care Packages

Care packages were handed out to help students tackle exam stress with a little extra support. Packed with carefully chosen items, these packages were designed to help fellow students stay healthy and focused. To all those who didn't get a package, remember to recharge and remind yourself that self care matters, even during the busiest time of the year!

# CDE 2024 Insider

Conference on Diversity in Engineering

**The CDE 2024 Conference** held at Western University was an enriching and unforgettable experience. It began with a welcome dinner, offering a unique opportunity to connect with aspiring engineers from across Canada. Conversations flowed effortlessly, setting the tone for a weekend of collaboration, networking, and shared ambition.



**Day two** featured a full schedule of thought-provoking workshops and a standout session on “How to Change the World” by Jason Blackstock, captivated participants with its inspiring and engaging approach to global impact. The day concluded with a lively social event, fostering camaraderie and meaningful connections among attendees.

The conference culminated in a grand gala, leaving a lasting impression. The CDE President’s heartfelt closing speech captured the essence of the weekend — personal growth, professional development, and shared passion for engineering.



# FYIC 2024 Insider

First Year Integration Conference

The **First Year Integration Conference (FYIC)** 2024 offered a unique opportunity for first-year engineering students to immerse themselves in the dynamic world of engineering culture. The tradition of patch trading, a cherished part of engineering events, allowed attendees to exchange keychains and patches, forging bonds and building connections with peers from across Canada.



The conference offered moments of joy and connection, from sharing 3D printed keychains to shared laughter over personalized coveralls. FYIC 2024 wasn't just a conference—it was a meaningful step into the heart of the engineering community.



The conference showcased a rich variety of activities, including mascot challenges, networking opportunities, and engaging sessions with inspiring speakers. A standout moment was the chance to meet industry leaders such as Sandro Perruzza, CEO of the Ontario Society of Professional Engineers. These sessions provided invaluable insights into leadership, professional development, and the evolving engineering landscape.



OT EngSoc & MUES teamed up to present...

# nooners

## 2024

On November 19th, we teamed up with the Metropolitan University Engineering Society (MUES) for the annual Nooners event. This inter-campus gathering celebrated the vibrant culture of engineering students, fostering spirited competition and collaboration.

The night's highlight was a thrilling game of Engineering Jeopardy, where quick thinking and technical knowledge took center stage. Cheers erupted as OTU and TMU students faced off, with a talented TMU student claiming victory and a set of OTU engineering coveralls. And to that student, we say, welcome to the family! Nooners also embraced cherished engineering traditions. Students eagerly participated in a patch exchange and the lively "limb swap", trading and sewing custom patches and sections of coveralls to create personalized outfits symbolizing lasting connections.

Over dinner, students from Ontario Tech and Toronto Metropolitan University had the chance to network, share experiences, learn, and forge lasting connections with their peers. Our friends at MUES generously showed us their student-body accomplishments and facilities, such as their programs, design teams, and more.

Thank you, MUES, for hosting such an unforgettable evening! If you missed out, don't worry—Nooners will be back next year. Got suggestions for future collaborations? Let us know!



# Finish Strong!

Advice for the end of your semester from upper years

“Get at least 6 hours of sleep daily, eat balanced meals, and stay active. Exercise provides a productive break and can reduce stress while boosting focus.”

“If an exam doesn’t go as planned, focus on the next one. Mistakes can’t be undone, but a forward-looking mindset can help you succeed in what’s ahead.”

“Use tools like Notion or Google Tasks to map out your exam schedule and to-do list. Write everything down to visualize your workload, and remember to schedule breaks to avoid burnout.”

“Begin with the most important or professor-highlighted topics, focusing on past questions and review lectures. Teach peers after studying for yourself to reinforce concepts.”

“Avoid burnout by incorporating 20–30 minute breaks every two hours. Use the time to unwind, walk, or talk to friends preparing for the same exams.”

“If faced with a tough question, tackle what you know first, then revisit challenging ones. Writing down everything you recall can help jog your memory and make connections.”

How-To:

## Student Life Workshops

Student life workshops are an excellent opportunity to gain hands-on experience and acquire valuable knowledge that directly supports your career path in engineering. To view and register for these workshops:

1. Go to <https://studentlifeportal.ontariotechu.ca/login.htm>
2. Login with your OntarioTech credentials
3. Locate and select “Events and Workshops” from the left side menu
4. Select desired workshop to view details and registration instructions

# The 'Shwa Patch Challenge

Interested in earning one of these cool 'Shwa patches for yourself? It's easy! Just snap a pic with one of the Oshawa signs and DM it to the EngSoc Instagram to win this patch for free!



## EngSoc Merch Feature: **LEATHER JACKETS**



Looking to up your fashion game? Want to show off your engineering pride? Then, grab one of our exclusive Ontario Tech Engineering leather jackets! Crafted from genuine leather and featuring high-quality embroidery, these jackets proudly display your program and engineering year. Plus, you'll have the option to add personal customizations, ensuring your jacket is one of a kind.

Each jacket is custom-fitted to guarantee you always look and feel your best when sporting this standout piece, making it the perfect timeless addition to your wardrobe.

Secure this timeless piece for \$425+tax using the link <https://forms.gle/AZ59ZvyMS4KJfybs8> (also available on our Instagram Link tree and our website). Let's show off our style engineers!



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